

Application Guide for Refunding Overpaid National Health Insurance Premiums

As the enclosed document shows, you can receive a refund for overpaid National Health Insurance premiums. Please read the instructions below, fill out the form, mark your seal (*hanko*) in the “Application for Refunding Overpaid National Health Insurance Premiums,” and return it to the City Hall in the return envelope.

SAMPLE

02 国保会計

あて先 松戸市長
次のお通り過誤納金の請求をいたします。
還付請求額

平成 年度 国民健康保険料過誤納金還付請求書

＜納めすぎた保険料（過誤納金）の内訳＞

科目	年度	年分	通知番号	管理番号	還付番号	還付額
合計（還付金額）						

銀行 支店名 支店 口座番号

A: Bank Information

預金種目 (○で囲む) 口座

住所 電話番号 フリガナ 口座名義人 (氏名)

B: Power of Attorney

委任状

納付者死亡の場合の申し立て

C: Application if the insurance payer is deceased

A: Bank account information (for wire transfers)

- Name of your financial institute, branch name, account type, and account number
- For a transfer to Japan Post Bank, you need to fill in the 3–digits branch number and 7–digits account number that can be found on your bank book (You may fill in the 5–digit code numbers instead of 3–digit branch name/number).
- Name and current address of the account holder.
- Informal personal seals (*mitome-in*) can be used, but not self–inking stamps (*Shachihata*, etc.).

B: Power of Attorney

- If you wish for your refund to be transferred to an account other than the one of the head of the household’s (including a transfer to a corporate account), you will need to fill out the Power of Attorney section and mark a seal from the head of the household.

C: Application if the insurance payer is deceased

- In cases where the person who paid for the insurance (head of the household) is deceased, please fill out the “Application when the insurance payment is deceased” section and mark your seal in this section.
- Use the same personal seal between sections A and C.
- If the applicant and the person who paid for the insurance belong to different households, attach a document (i.e. *kosekitohon*, etc.) that proves their relationship and that proves the applicant is the legal heir of the deceased. (copy accepted)

- ※ If you made a mistake, please draw double–crossed lines over the mistake and mark your seal on the lines.
- ※ The refund will expire upon the statute of limitations after 2 years (National Health Insurance Act, Article 110).
- ※ Refunds are made via a bank transfer in principle. It may take up to approximately 1 month after the application is accepted to receive the refund.
- ※ No notification is sent when the transfer is completed. Please confirm the refund by checking your bank account.
- ※ If you wish to receive the refund in cash at the National Health Insurance office at the City Hall, you need to call to notify beforehand. Otherwise, we may not be able to give you the refund when you visit.
- ※ Please keep the “Notice of Refund for Overpaid National Health Insurance Premiums” for your record.

© If you wish to apply the overpaid amount to future insurance payments, please contact the National Health Insurance Division.

★ Contact

Matsudo City Hall, Welfare & Longevity Dept.,
National Health Insurance Div., Insurance Fee Collection
Office (*Kokumin Kenko Hoken-ka*)
047-366-7299 (Direct) 047-366-1111 (Main)

Beware of billing fraud phone scams! Many suspicious phone calls from people pretending to be City officials have been reported. The City of Matsudo will never ask anyone to go to bank/convenience store ATMs, or use a computer to receive refunds.